



**SIERRA CLUB**  
SAN DIEGO CHAPTER



## NURTURE NATURE

### Regenerate nature one yard at a time

Many of us want to take action to help nature and stop climate change. One easy thing we all can do is to nurture nature where we live by planting, or helping plant, native plant species. In this way, we can restore nature one garden at a time. Choosing plants local to our area makes a big difference. They are beautiful, support native bees and pollinators, feed birds, need less water, build soil, and turn our yards and patios into mini-nature parks we can enjoy every day for free!

Planting native trees and large shrubs can also provide shade, store carbon, and reduce climate impacts. Adding trees adds economic value to properties, saves money, and improves our quality of life. Even one native plant can help our local wildlife. By replacing lawn and non-native species, we can significantly improve habitat for butterflies, pollinators, and birds.

Find the best native plants for your area: [www.calscape.org](http://www.calscape.org)

For native alternative plants to introduced plants look here: <https://bit.ly/3ANBDPe>

For fire resistant natives look here: <https://bit.ly/3uNbdJD>

A wide diversity of California native plants will help the most. Plants that bloom in different seasons offer year round beauty and appropriate food and habit for local wildlife.

## Take Action

**OUR STEP-BY-STEP LIST IS HERE:** <https://bit.ly/3ANU1aL>

- 1 Shrink the Lawn. Lawns waste water and have little ecological benefit. Make a plan to reduce the size of your lawn and replace with native plants.
- 2 Leave the leaves. Natural leaves are the best mulch for native plants. Leave them in place.
- 3 Remove invasive plant species.
- 4 Plant as many beneficial plants as you can. If you can, plant an oak tree or a white sage.
- 5 Save moths. Reduce nighttime light pollution. Use a motion sensor for floodlights.
- 6 Native plants can be grown in pots, on patios, along fencelines, and next to walkways.
- 7 Join Sierra Club North County Group: <https://bit.ly/3lyw9K2>
- 8 Support Nurture Nature and get a tax deduction by donating to the Sierra Club Foundation.

**BUT MOST IMPORTANT!** Remember to take time to get out and enjoy nature with your friends and family. Here are 50 hikes to take in North County: <https://bit.ly/3z3QIAh>

For more information visit our website: [www.sierraclubncg.org/home/sierra-club-at-home-resilience-project/](http://www.sierraclubncg.org/home/sierra-club-at-home-resilience-project/)

